

AXIS @ THE HIVE

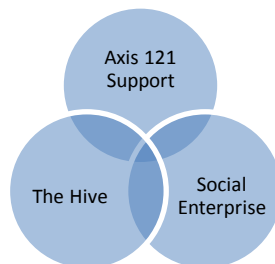
Our Mission Statement

Axis @ the Hive is a holistic emotional health and wellbeing service which supports young people aged 16-24 in Camden. We support young people to engage in a service that aims to improve their lives, emotional wellbeing, access to services and their transition into adulthood and independence. We achieve this by specialised one to one support work & group work delivered by young people (Axis), targeted activities and a safe space to be (The Hive) and offering training opportunities with our youth-led social enterprise (Underground Camden Tours).

Our Core Principles

- 1 Improve young people's emotional wellbeing
- 2 Assist young people transition into adulthood
- 3 Keep young people and their voice at the core of the service
- 4 Working with & bridging young people into other services
- 5 Reducing the stigma around mental health

Young People's access points into the service



- Targeted work focusing on emotional wellbeing &/or practical life skills
- Assisting young people to achieve their goals, drawing from various therapeutic models
- Utilising a holistic youth-led approach meeting young people where & when they choose



- Safe communal space to talk, be heard, socialise & develop skills with peers
- Provision of a wide range of activities focusing on improving young people's emotional health and wellbeing
- Access other support services using an integrated approach



- Developing life and work experience skills
- Improving confidence and faith in their abilities
- Improving job & career prospects, within continued reinvestment into the development of the enterprise

Our Shared Values

1. Reach out and engage with young people in a way that is helpful to them whether at the Hive, in the community or through the social enterprise.
2. Working co-productively with young people to empower them to use their voice and make informed decisions and positive life choices.
3. Engendering a community between young people and Camden services to create positive relationships and provide a more cohesive, empowering support pathway

Axis @ the Hive is jointly commissioned by the Camden Clinical Commissioning Group (CCG) and Camden Council led by Catch22 in partnership with Camden and Islington NHS Foundation Trust, Tavistock and Portman NHS Foundation Trust, Anna Freud Centre, The Brandon Centre, The Winch and The Integrate Movement.

Axis - 121 Support



Criteria

Young People aged 16 to 24 years and live in Camden or have a GP in Camden, who are would like to improve their emotional wellbeing. Priority will be given to young people who currently not receiving support in this area of their lives - although we will work alongside mental health services and other agencies or professionals if there is a clearly identified added benefit from Axis's involvement.

What we do

- An allocated Young Person's Worker meets with the identified young person at a time or place to maximise engagement.
- We seek to develop a safe therapeutically-informed relationship between our staff and each young person.
- We carry out an assessment of their needs and risks.
- We support the young person to identify up to three goals that will positively impact their emotional wellbeing.
- We work with the young person on a short term basis (up to year as a guideline).
- We encourage the young person to access activity at the Hive youth hub.
- We encourage and promote the Young People to engage with and access other services and activities as appropriate.

Axis uses an integrative approach

Whilst we work with young people with a wide range of emotional and relational needs, including a Mental Health diagnosis - we do not offer formal Therapy or clinical intervention.

- Our overarching approach is goals based, working collaboratively with the young people.
- We take a flexible, holistic, ecological approach in supporting young people.
- To support the young people achieve their stated goal their Young Person's Worker (YPW) will draw from a number of therapeutic models of delivery.
- Therapeutic models include: AMBIT: Adolescent mentalisation-based integrative treatment, CBT: Cognitive behavioural therapy, Attachment Narrative Theory, Systemic approaches, Brief Solution Focused Therapy, Motivational Interviewing and Schema.

Hive - Youth Hub



Criteria

Any Young Person aged 16 to 24 years who either lives, works, studies or has a GP in Camden.

The Hive provides

- An open access service
- Social safe space for young people to meet new people within the community
- free daily group workshops and activities that build on skills and confidence, tailored to young people's needs.
- Group & individual Space: including outside space
- A dynamic programme of activities which changes in response to local initiative, demand from young people, etc.
- Opportunities, such as accredited courses, to help teach young people new life skills
- Free study spaces and an ICT suite
- Other professional services onsite for example: Pulse (sexual health), FWD (substance misuse), LAC Health Team, career advice, Citizen's Advice and much more.
- Host events to raise awareness of young people's issues
- Platform for young people to showcase their talents and skills to other young people and the community
- Opportunities for young people to shape and develop the service through our Youth Board

How we do it?

- The Hive has a diverse skilled team which helps extend our support and opportunities to the young people.
- Hive staff team provide the tools to teach young people how to manage challenges that they are currently facing in their lives and can provide one to one advice.
- Young people have a voice to help shape our service.
- We encourage and promote young people to engage with and access other services within Camden if we are not able to provide the appropriate support they need.

Social Enterprise – Underground Camden Tours



Criteria

Any Young Person aged 16 to 24 years who either lives, works, studies or has a GP in Camden.

What is Underground Camden Tours?

Camden Underground Tours is the social enterprise borne out of The Hive, conceptually designed by our young people. We will provide alternative, youth-led tours of Camden Town, focusing on the area's artistic and musical history, providing a unique experience for tourists, and giving young people ownership and pride in the area in which they spend the majority of their time. There is also a merchandise range created by young people giving tourists an opportunity to buy Camden-based memorabilia.

Core principles

- Allow young people to co-create a social enterprise, playing a key role in the strategy, direction and branding
- Build a safe environment where young people are free to be creative with their ideas, and create an entity in their vision
- Create learning and development opportunities for young people, allowing them to improve their CV's, and experience for future job prospects
- Allow young people to work in any area that interests them, providing them training to allow them to fulfil their roles effectively
- Flexible with the young people, allowing them to structure their involvement around their other priorities
- Credit to all the young people involved, with references provided where required and acknowledgements on the social enterprise website

Our key goals are

- Provide experience and to develop job prospects for young people
- Improve confidence in and of young people
- Provide a completely open platform which doesn't exclude any young person based on their experience or skills, or lack thereof